

M.D. Ayurvedic College & Hospital

Babarpur, Sikandra, Agra

TRANSITIONAL CURRICULUM -- 2023-2024 BAMS BATCH

Transitional curriculum is a 90 hours curriculum training programme suggested by NCISM, which help to transit students of diversified backgrounds to the unique Ayurveda Medical Science.

WEEK -I SCHEDULE

DAY 1 (Date:01.11.2023 Wednesday)- Freshers' Day			
S.N.	Time	SESSION	Faculty
DAY 2 (Date: 02.11.2023 - Thursday)			
1	9am-10am	An Introduction to various medical systems and introduction of AYUSH System	Dr. Jeevaneshwarayya
2	10.10am-11.10am	An Introduction about Academia of the institution, Institutional officials and their roles in the hierarchy	Mr. Vikas Mishra
3	11.20am-12.20 pm	Know your College- An introduction to the facilities of M.D. Ayurvedic College & Hospital	Dr. Athri SS
4	1.30pm-3.30pm	Ice breaking session- Interaction with Senior students	Dr. Sachin Yadav
DAY 3 (Date: 03.11.2023-Friday)			
1	9am-10am	Goal Setting	Dr. Nakul Khode
2	10.10am-11.10am	Higher education in Ayurveda & Job opportunities in Ayurveda as a Clinician, academician, researcher & entrepreneur.	Dr. Rajesh Naik
3	11.20am-12.20 pm	Orientation of Regulatory Bodies (Ministry of AYUSH, NCISM, State Directorate, etc.) and introduction of their heads.	Dr. Jeevaneshwarayya
4	1.30pm-3.30pm	Know your campus A guided tour of the entire campus and facilities Introduction to the Officials from the respective units	Dr. Sreeritha



DAY 4 (Date: 04.11.2023-Saturday)

1	9am-10am	Introduction to the rules and regulations of M.D. Ayurvedic College & Hospital and PG Centre	Dr. K. Srinivas
3	11.20am-12.20 pm	An Overview of the BAMS curriculum and the subjects, including highlights of the Minimum Standards of Education-2021 and electives	Dr. Athri SS
4	1.30pm-3.30pm	<u>Basic Life Support</u> and <u>First Aid</u> : Theoretical explanation and video demonstration	Dr. Rini P

DAY 5 (Date: 06.11.2023-Monday)

1	9am-10am	ASUS (Ayurveda, Siddha, Unani, and Sowa-Rigpa) medical systems and their roles in primary health care, public health, and disease prevention.	Dr. Shankar Singh Sahu
2	10.10am-11.10am	<u>Personality Development & Recreation</u> : Communication skills, critical thinking, soft skills, empathy and respecting conduct, confidence and personal growth, speaking in front of an audience	Dr. Sachin Prakash
3	11.20am-12.20 pm	Professionalism and Medical ethics	Dr. R.B. Singh
4	1.30pm-3.30pm	Team building activities, Recreational activities & Talent show	Dr. Raghavendra KS



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WEEK -II SCHEDULE

DAY 6 (Date: 07.11.2023 Tuesday)			
S.N.	Time	SESSION	Faculty
1	9am-10am	Computer Skill & Apps Installation: > Computer basics, MS Office (MS Word, Power Point, Excel, etc.), creation of e-mail ID, e-mail correspondence, Internet browsing, etc. > Safety Apps installation: 122 India; Mysafetipin; Citizen COP; Himmat ; Shake2safety; Raksha; Smart 24x7	Mr. Rajendra Singh
2	10.10am-11.10am	Introduction Shalya Tantra	Dr. Ajith Kumar
3	11.20am-12.20 pm	Introduction to Rasa Sastra and Bhaishajya Kalpana	Dr. Raghavendra KS
4	1.30pm-3.30pm	Introduction to Roga Nidana Evum Vikriti Vijnana	Dr. Mohd. Nazir
5	2.30pm-3.30pm	Introduction to Dravya Guna Vijnana & Botanical Garden visit	Dr. Manjushree S Laskery
DAY 7 (Date: 08.11.2023 - Wednesday)			
6	9am-10am	Vadatu Samskritam	Mr. Ramesh Salgar
7	10.10am-11.10am	Introduction to Padartha Vijnana	DR. Athri SS
8	11.20am-12.20 pm	Introduction to Samhitha Adhayayan	Dr. Mukesh Budda
9	1.30pm-3.30pm	Introduction to Kriya Shareera	Dr. Suchismita Satapathy
10	11.20am-12.20 pm	Introduction To Rachana Shareera	Dr. Rajeev Agrawal



DAY 8 (Date: 09.11.2023-Thursday)

1	9am-10am	Vadatu Samskritam	Sh Ramesh Salgar
2	10.10am-11.10am	Introduction to Agada Tantra	Dr. Ambika Dhiman
3	11.20am-12.20pm	Gender sensitization	Dr Shibila K
4	1.30pm-3.30pm	Stress management including meditation and relaxation techniques	Dr. Rini P
5	2.30pm-3.30pm	Global reach of Ayurveda	Dr. Nakul Vishwanathji Khode

DAY 9 (Date: 10.11.2023-Friday)

1	9am-10am	Introduction to Swastha vritta & Yoga	Dr. Rini P
2	10.10am-11.10am	Vadatu samskritam	Sh Ramesh Salgar
4	1.30pm-3.30pm	Biomedical waste management	Dr. Manjushree S Laskery
5	2.30pm-3.30pm	Health, fitness and hygiene	Dr. Sapna

DAY 10 (Date: 11.03.2023-Saturday)

1	9am-10am	Vadatu samskritam	Sh Ramesh Salgar
2	10.10am-11.10am	Introduction to Panchakarma	Dr. Monica Agarwal
3	11.20am-12.20 pm	Introduction to Kaumarabhritya	Dr. Pardhv Balene
4	1.30pm-3.30pm	Introduction to Shalakya Tantra	Dr. Pratima Devi
5	2.30pm-3.30pm	Introduction to the rules of Library.	Mr. Rambrij Sharma



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WEEK -III SCHEDULE

DAY 11 (Date: 13.11.2023 Monday)			
S.N.	Time	SESSION	Faculty
1	9am-10am	Vadatu Samskritam	Sh Ramesh Salgar
2	10.10am-11.10am	Introduction to Prasuti Tantra and Stree Roga	Dr Shibila K
3	11.20am-12.20 pm	Vadatu Samskritam	Sh Ramesh Salgar
4	1.30pm-3.30pm	Presentation/Exhibition of Posters/Charts/Models on the topic - Environmental protection.	Dr. Rajesh Naik
DAY 12 (Date: 14.11.2023 - Tuesday-)			
1	9am-10am	Vadatu Samskritam	Sh Ramesh Salgar
2	10.10am-12.30pm	Team building activities, Recreational activities & Talent show	Dr. Raghavendra KS
3	1.30am-2.30 pm	Selection of Class/Asst. Class Representatives	Dr. Sachin Prakash
4	2.30pm-3.30pm	How to become a successful Practitioner?	Dr. R.B. Singh
DAY 13 (Date: 15.11.2023-Wednesday)			
1	9am-10am	Introduction to Kaya Chikitsa	Dr Venkateshwarlu Setti
2	10.10am-11.10am	Use of invasive and non-invasive investigative procedures in Ayurveda clinical practice	Dr. Harish Kumar
3	11.20am-12.20 pm	Feedback on the content of the transitional curriculum as well as the mode of conduction Post test	Dr.  Principal M.D. Ayurvedic College & Hospital AGRA



4	1.30pm-3.30pm	Preparation for Shishyopanayanam	Dr. Athri SS
DAY 14 (Date: 16.11.2023-Thursday)			
1	9am-10am	Shishyopanayanam	
2	10.10am-11.10am	Sanskrit	Sh Ramesh Salgar
3	11.20am-12.20 pm	Samhitha Adhyayana	Dr. Athri SS

